



ShIMME

(Shared Involvement in Medication Management Education)

This research project focuses on shared decision-making between service users and mental health practitioners in relation to psychiatric medication management in mental health services. It aims to explore how a process of shared decision making between service users and clinicians about psychiatric medication can be developed to become part of everyday practice, and to evaluate the impact this way of joint working has on both groups.

The project is funded by the NIHR (National Institute of Health Research), RfPB (Research for Patient Benefit) and has been adopted by the MHRN (mental health research national network). This is a three-year project based in the Cambridgeshire and Peterborough Foundation Trust. In Phase 1 of the project we will consult with local mental health practitioners and service users to find out about current practice in psychiatric medication management, their views about shared decision-making processes and training. We will use this information and relevant literature to develop a new training programme designed to encourage shared decision-making processes.

In Phase 2 of the project this programme will be delivered to separate groups of service users, psychiatrists, community psychiatric nurses and care co-ordinators. The project has been developed and is led jointly by academic researchers, service users and practitioners.

If you are interested in taking part or would like further information please contact: Professor Shula Ramon or Amy Li.

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Psychiatrist' Consultation:
Date: Wednesday 21st September
Time: 1pm
Duration: 90 minutes
Location: meeting room 8, Nightingale Court, Ida Darwin.

Service Users' Consultation:
Date: Thursday 29th September
Time: 2:30pm
Duration: 90 minutes
Location: Lower Hall at St Paul's Church, Hills Road